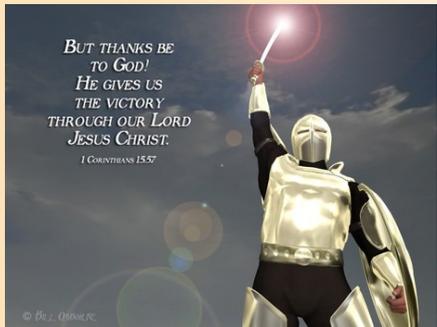


forgetting to feed your spirit daily), the more your spirit will wrestle control away from your soul. I said the word 'simply' at the beginning and although in theory it is, in practice it is tough! But, if you are hungry for more awareness of God in your life, then you need to subdue your soul and stop giving in to it's demands. This is tougher at first and you may not do so well, but this is a forever journey. Your soul will kick and scream like an angry child but ask Jesus for his help and he will help you. Persevere and eventually you will notice small changes in your behaviour and then bigger ones. As you progress, you will begin to hear from God more clearly because the Holy Spirit communicates with your spirit and once your soul begins to quieten, your awareness of God will deepen. As this happens, you will become aware of a centre of joy and peace within you that nothing can take away - right where you are NOW and in your current situation. The kingdom of God is yours for the taking. You can have all the joy God has promised us now and every day if you are willing



to take up arms and fight yourself for it. The rewards are worth the pain.



## PERSONAL REFLECTION

*Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; 1Corinth 6:19.*

What condition is your temple in? Not your physical body but your soul, your inner man. In John 2:13-17 we see our Lords reaction to things going on in the temple. We are temples of the Holy Spirit so it is good to review how we spend our time and what has become the most important thing in our lives. We have been purchased by the blood of Christ but do we recognise His Lordship over our lives as well as the salvation He has provided? Are we keeping the most important commandments?

*Luke 10:27 - He answered, "Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind"; and, 'Love your neighbor as yourself.'"*

Lord God,

I am lost without you. I cannot live my life without you leading and guiding me. Please help me to hear your voice. Teach me how to quieten the madness of my life and come to you every day. Be in everything I do. Help me to surrender myself to you and fill my heart with your joy and peace everlasting. To the glory of your Holy Name.

Amen



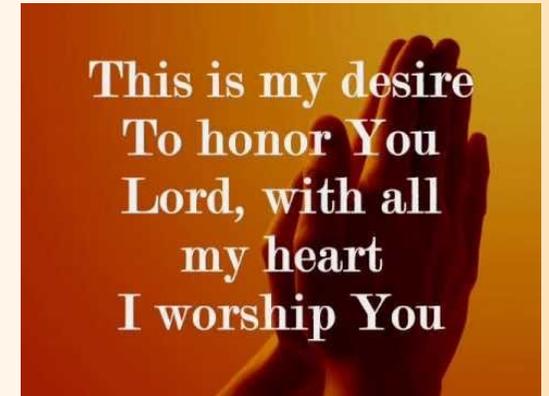
Hythe Road, Willesborough, Ashford, Kent

[www.wbc-ashford.org.uk](http://www.wbc-ashford.org.uk) Charity Registration Number 1127593



## Prayer Focus

June 2016



### Prayer Chain

Remember to send any prayer requests to: [prayer@wbc-ashford.org.uk](mailto:prayer@wbc-ashford.org.uk)

We would like to get together a group of people willing to go out and pray with people in their own homes. If you would like to offer this or if you would like someone to pray with you about a specific issue, please email the prayer chain or speak to one of the Paulas.

# Prayer for Our World

## BRUNEI

After announcing the introduction of Sharia (Islamic law) in 2014, the government has now begun implementing the first phase of the new legal system. It is mandatory for all to attend Friday prayers, and propagating religions other than Islam has become illegal. A prosperous country, Brunei's sultan holds all major political positions. He supports Islamisation, particularly among tribal people, aiming to convert 2,000 tribesmen to Islam each year. Importing Bibles and publically celebrating Christmas are banned. Christians, especially Muslim converts, face pressure from family and neighbours to recant Christianity

### Please Pray:

- That the Sultan will have a miraculous vision or dream of Jesus leading to his conversion
- For Christians facing discrimination in work and school
- Thank God that the second phase of Sharia, which introduces floggings and amputations as punishments, has so far been delayed
- Thanks for Christians who pray for Muslim friends in distress being a witness for Jesus
- For church leaders, many of whom are under constant surveillance by the authorities

Hebrews 13:3—**Remember** those in prison and those who are suffering as if you yourself were suffering.”

## NOW IS THE TIME TO PRAY FOR THE UK!

On 23rd June we will all be voting in the EU Referendum. Please bring this matter before God and pray; We need God's wisdom and guidance. Christians will be gathering in Parliament Square for an hour of prayer on 22nd June at 7pm if you want to join them or pray from home at the same time.

### Please Pray:

- That the outcome will be according to God's will
- After the vote, for reconciliation between both sides and wisdom for the Government moving forward.
- That God will guide you when you make your vote.

For more prayer pointers:

<http://care.org.uk/node/1044>

Facebook page for the Parliament Square prayer event:

[www.facebook.com/events/583036461870280](http://www.facebook.com/events/583036461870280)

## WEDNESDAY PRAYER EVENT

We will be meeting at 7:45pm on Wednesday 15th June to pray together as the Lord leads us. We will begin by looking at:

*'Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind'; and, 'Love your neighbor as yourself.*

Luke 10:27

# Training your soul

Training your soul is simply exercising authority over your child within; Not by will power as the soul is a master at manipulation, but by lifting your spirit. This involves talking to yourself (yes we all know Christians are fruitcakes!). David did it all the time—'Bless the Lord, O My soul'. The soul will use your emotions to control you but you do not have to react to your emotions. David often told his soul to bless the Lord or praise the Lord when he least felt like doing it. We all have days where we get out of bed the wrong side; everything is too hard and it's raining again, the kids are playing up and the dog's torn up your paperwork. STOP; breathe. As you are dealing with these challenges, tell your soul that



God is good. Worship and praise Him even if you feel hypocritical and it is through clenched teeth! Replace the angry, negative thoughts with thoughts that lift your spirit. Remember something good that God has done for you, put on some worship music or any music that lifts your spirit. Soon, if you practice this attitude, you will begin to see the humour in these situations and when you let that laugh out, your spirit has won that particular battle. This is daily spiritual warfare; some you will win and some you will not do so well in. This is picking up your cross and carrying it. This is being a disciple of Jesus. The more you exercise this authority (not